



TAKEAWAY MENU

The Atlantis Meze

£17.95 per person (minimum 2 covers)

A selection of popular Greek starters, main dishes and dessert to share

Starters

Cold starters:

TARAMOSALATA /D	£3.95
Smoked cod roe creamed with oil, lemon juice and onion	
HOUMOUS /V, VE, N, D, G	£3.95
Chickpeas creamed with sesame oil, lemon juice and garlic	
TZATZIKI /V, G	£3.95
Yogurt mixed with cucumber, mint and garlic	
PRAWN COCKTAIL /D, G	£4.95
OLIVES /V, VE, D, G	£1.95

Hot starters:

TOMATO SOUP /V, VE, D, G	£3.95
KEFTEDAKIA /D	£4.95
Lamb meatballs seasoned with herbs	
GREEK WINE SAUSAGES /D, G, N	£5.25
Smoked minced meats blended with coriander and red wine	
MUSHROOM A LA GREC /V, VE, D, G	£4.95
Mushrooms cooked in garlic tomato sauce	
HALOUMI /V	£5.25
Mature Greek cheese, shallow fried in olive oil	
SAGANAKI CHEESE /V	£5.25
KALAMARI /D	£5.25
Tender squid marinated and deep fried	

Greek Gyros:

Grilled meat, tzatziki, salad and chips wrapped in a Greek pita flatbread

Chicken	
Pork	£5.95
Haloumi	

KING PRAWNS /D, G	£5.25
Grilled prawns with lemon juice, garlic, olive oil and spring onions	
PRAWN SAKANAKI /G	£5.25
Prawns cooked in a rich tomato sauce with feta cheese	
DOLMADES /V, VE, D, G	£4.95
A savoury dish of vine leaves stuffed with rice and herbs	
GIGANTES /V, VE, D, G	£4.50
Butter beans cooked in tomato sauce	
SPANAKOPITTA /V	£4.95
Feta cheese, spinach and herbs wrapped in flaky filo pastry	
GRILLED FRESH VEGETABLES /V, G, (VE and D without tzatziki)	£4.95
Grilled aubergine, courgette and peppers served in an olive oil and garlic dressing with tzatziki	
GARLIC BREAD /V	£2.50
GARLIC BREAD WITH CHEESE /V	£2.75
PITA BREAD /V, VE, D	£0.40



Main Courses

Meat dishes:

MOUSAKA	£10.50
Minced lamb, sliced aubergines, courgettes, potatoes and tomatoes crowned with a béchamel sauce	
YIOUVETSI	£11.50
Tender lamb cooked in tomatoes, onions and herbs and served on orzo pasta, topped with cheese and baked in the oven	
KLEFTIKO /G, D	£12.50
Tender lamb on the bone, roasted to perfection in Greek Spices and herbs	
BEFTEKI ATLANTIS	£10.50
Minced lamb and onion burgers topped with melted cheese	
ARNI HORIATIKO /G, D	£11.50
Diced lean lamb braised with tomatoes and onions and mixed in with green beans	
STIFADO /G, D	£11.50
Pieces of lean beef cooked in red wine, onions and tomatoes	
MIXED GRILL	£11.50
A selection of various grills (lamb, pork, chicken, befteki and Greek sausage)	
MIXED KEBAB /G, D	£11.00
Lamb, pork and boneless marinated chicken grill	
LAMB KEBAB /G, D	£11.50
New season lamb pieces, marinated and grilled	
PORK KEBAB /G, D	£10.50
Marinated fillet of pork pieces, seasoned and grilled	
CHICKEN KEBAB /G, D	£10.50
Grilled, boneless marinated chicken breast pieces	
KOTOPOULO LEMONATO /G	£11.00
Pieces of boneless chicken breast, marinated and cooked in a creamy lemon sauce	

Fish dishes:

SALMON /G, D	£11.95
Fresh salmon fillet, grilled and served with potatoes and green beans	
SEABASS /G, D	£13.50
Whole grilled seabass with olive oil and lemon dressing, served with potatoes and green beans (contains bones)	
SEABREAM /G, D	£13.50
Whole grilled seabream with olive oil and lemon dressing, served with potatoes and green beans (contains bones)	

Vegetarian dishes:

VEGETARIAN MOUSAKA /V	£10.50
Sliced aubergines, courgettes, potatoes and tomatoes crowned with a béchamel sauce. Rice and potatoes not included.	
VEGETARIAN PLATTER /V	£10.50
A variety of vegetarian dishes including grilled fresh vegetables, spanakopitta and dolmades, served with rice and potatoes (*Vegan alternative is also available on request)	
GREEK SALAD /V, G	£7.00
A traditional Greek salad containing slices of tomato, cucumber, onion, bell peppers, olives and feta cheese, seasoned with oregano and an olive oil & lemon dressing	

V VE N G D

Vegetarian Vegan Nuts Gluten-free Dairy-free

Collection only from Atlantis Greek Restaurant, 86 Pitshanger Lane, Ealing, London W5 1QX. To place an order please call **020 8810 8836**