

## TAKEAWAY MENU

### The Atlantis Meze

**£23.00 per person** (minimum 2 covers)

A selection of popular Greek starters, main dishes and dessert to share

#### Starters

##### Cold starters:

<b>TARAMOSALATA /D</b>	<b>£5.00</b>
Smoked cod roe creamed with olive oil, lemon juice and pitta bread	
<b>HOUMOUS /V, VE, N, D, G</b>	<b>£5.00</b>
Chickpeas creamed with olive oil, lemon juice and garlic	
<b>TZATZIKI /V, G</b>	<b>£5.00</b>
Cucumber, mint and garlic mixed with yoghurt	
<b>PRAWN COCKTAIL /D, G</b>	<b>£6.00</b>
<b>OLIVES /V, VE, D, G</b>	<b>£3.00</b>

##### Hot starters:

<b>TOMATO SOUP /V</b>	<b>£6.00</b>
<b>KEFTEDAKIA /D</b>	<b>£6.50</b>
Homemade lamb meatballs seasoned with herbs	
<b>GREEK WINE SAUSAGES /D, G, N</b>	<b>£7.00</b>
Pork sausage blended with coriander and red wine	
<b>GARLIC MUSHROOMS /V, VE, D, G</b>	<b>£6.00</b>
Mushrooms cooked in a garlic & tomato sauce	
<b>HALLOUMI /V</b>	<b>£7.00</b>
Chargrill Cypriot Greek cheese	
<b>SAGANAKI CHEESE /V</b>	<b>£7.00</b>
<b>KALAMARI /D</b>	<b>£7.00</b>
Fresh squid marinated and deep fried	

#### Greek Gyros:

Grilled meat, tzatziki, salad and chips wrapped in a Greek pitta bread

<b>CHICKEN</b>	
<b>PORK</b>	<b>£6.50</b>
<b>HALOUMI /V</b>	

<b>KING PRAWNS /D, G</b>	<b>£6.75</b>
Grilled prawns with a garlic, olive oil and lemon dressing	
<b>PRAWN SAKANAKI /G</b>	<b>£7.00</b>
Prawns cooked in a rich tomato and feta cheese sauce	
<b>DOLMADES /V, VE, D, G</b>	<b>£6.50</b>
A savoury dish of vine leaves stuffed with rice	
<b>GIGANTES /V, VE, D, G</b>	<b>£6.50</b>
Butter beans cooked in a rich tomato sauce	
<b>SPANAKOPITA /V</b>	<b>£6.50</b>
A feta cheese and spinach filling, wrapped in flaky filo pastry	
<b>GRILLED FRESH VEGETABLES /V, G, (VE and D without tzatziki)</b>	<b>£7.00</b>
Grilled aubergine, courgette and peppers served in an olive oil and garlic dressing with a side of tzatziki	
<b>GARLIC BREAD /V</b>	<b>£3.00</b>
<b>GARLIC BREAD WITH CHEESE /V</b>	<b>£3.25</b>
<b>PITTA BREAD /V, VE, D</b>	<b>£1.00</b>

## Main Courses

### Meat dishes:

<b>MOUSAKA</b>	<b>£14.50</b>
Minced lamb, sliced aubergines, courgettes and potatoes crowned with béchamel sauce and topped with cheese	
<b>YIOUVETSI</b>	<b>£15.50</b>
Tender lamb cooked in tomatoes, onions and herbs and served on orzo pasta, topped with cheese and baked in the oven	
<b>KLEFTIKO /G, D</b>	<b>£17.00</b>
Tender, slow-cooked lamb on the bone, roasted to perfection in Greek Spices and herbs	
<b>BEFTEKI ATLANTIS</b>	<b>£14.00</b>
Tender minced lamb and onion burgers topped with melted cheese	
<b>ARNI HORIATIKO /G, D</b>	<b>£15.50</b>
Diced lean lamb braised with tomatoes and onions and mixed in with green beans	
<b>STIFADO /G, D</b>	<b>£15.50</b>
Pieces of lean beef cooked in red wine, onions and tomato sauce	
<b>MIXED GRILL</b>	<b>£15.25</b>
Lamb, pork, boneless chicken breast pieces, befteki and Greek pork sausage	
<b>MIXED KEBAB /G, D</b>	<b>£14.75</b>
Lamb, pork and boneless chicken breast pieces	
<b>LAMB KEBAB /G, D</b>	<b>£15.50</b>
Tender lamb pieces, marinated and grilled	
<b>PORK KEBAB /G, D</b>	<b>£14.50</b>
Marinated fillet of pork pieces, seasoned and grilled	
<b>CHICKEN KEBAB /G, D</b>	<b>£14.00</b>
Grilled, boneless marinated chicken breast pieces	
<b>KOTOPOULO LEMONATO /G</b>	<b>£15.50</b>
Pieces of succulent chicken breast, cooked with mushrooms in a creamy lemon & white wine sauce	

### Fish dishes:

<b>SALMON /G, D</b>	<b>£16.00</b>
Fresh salmon fillet, grilled and served with potatoes and green beans	
<b>SEABASS /G, D</b>	<b>£17.00</b>
Whole grilled seabass with an olive oil and lemon dressing, served with potatoes and green beans (contains bones)	
<b>SEABREAM /G, D</b>	<b>£17.00</b>
Whole grilled seabream with an olive oil and lemon dressing, served with potatoes and green beans (contains bones)	

### Vegetarian dishes:

<b>VEGETARIAN MOUSAKA /V</b>	<b>£14.50</b>
Sliced aubergines, courgettes and potatoes crowned with béchamel sauce and topped with cheese	
<b>VEGETARIAN PLATTER /V</b>	<b>£14.50</b>
A variety of vegetarian dishes including grilled fresh vegetables, spanakopita and dolmades <b>(Vegan alternative is also available on request)</b>	
<b>GREEK SALAD /V, G</b>	<b>£8.50</b>
Tomatoes, cucumber, onions, bell peppers, olives and feta cheese, seasoned with oregano and an olive oil & lemon dressing	
<b>SMALL GREEK SALAD /V, G</b>	<b>£4.00</b>

**V      VE      N      G      D**  
Vegetarian   Vegan   Nuts   Gluten-free   Dairy-free

Collection only from Atlantis Greek Restaurant, 86 Pitshanger Lane, Ealing, London W5 1QX. To place an order please call **020 8810 8836**